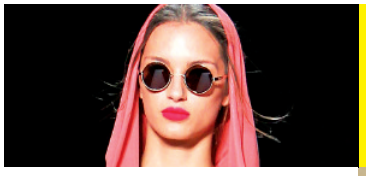


GYLLENHAAL DITCHES SWIFT
SINGER RINGS IN THE NEW YEAR ALONE {page 14}

FASHION INSPIRATION
GOING BACK A FEW DECADES {page 16}

DIVA
PALTROW LOOKS TO SINGING STARS
SCENE {page 11}

VANCOUVER metro®
Thursday, January 6, 2011
www.metronews.ca
News worth sharing.

Local

Twin girls saved from crib fire

- Pair of neighbours answer mother's cries for help
- Children are critical but stable after accidental blaze, RCMP say {page 5}

Too much of a good thing

Asian eatery in Yaletown goes heavy on the sauce {page 19}

Getting taxed for growing pot?

While the cops might turn a blind eye, the tax man won't {page 8}

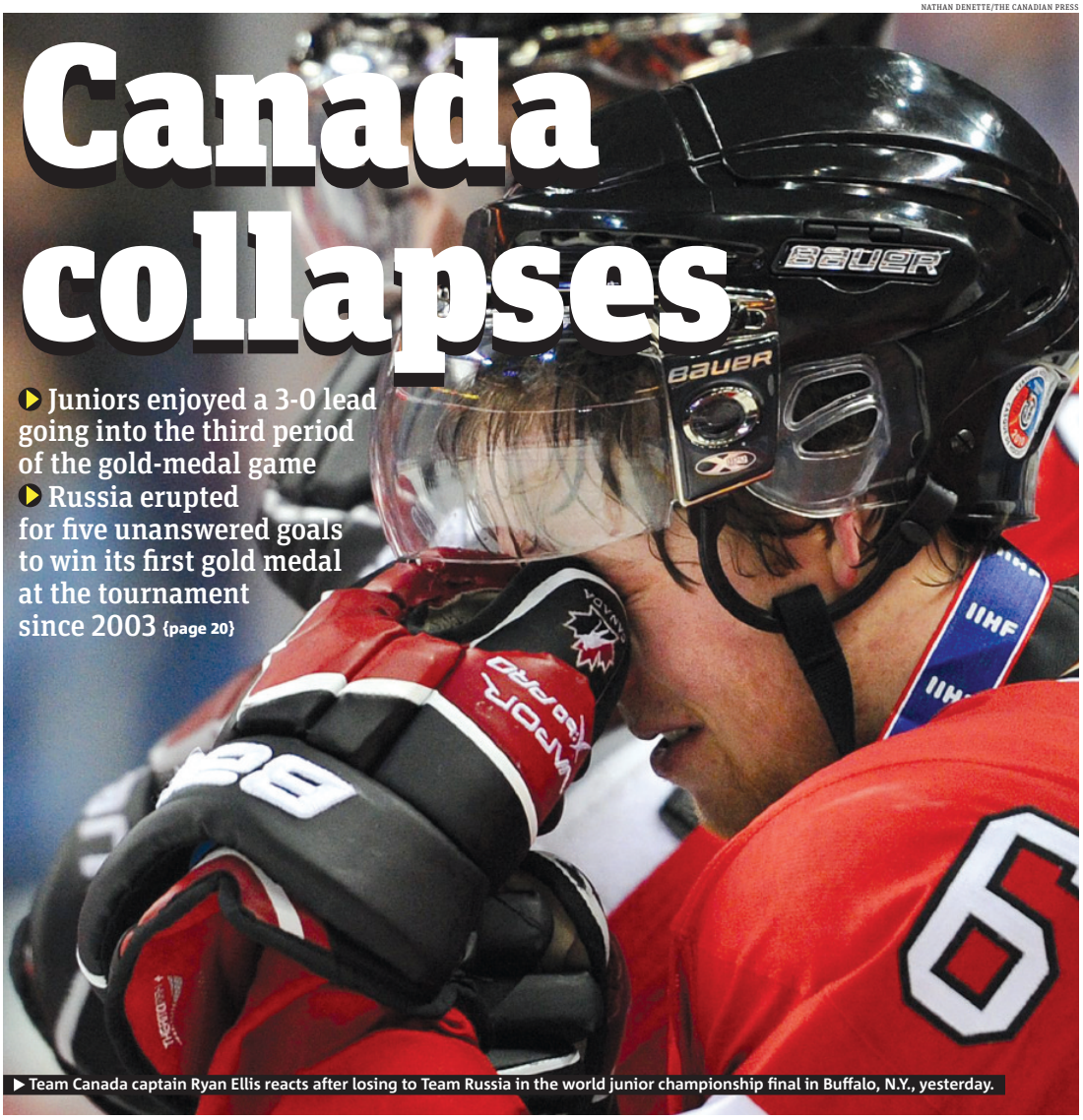
Golden voice lands golden job

Homeless man offered position with Cleveland Cavaliers {page 6}

NATHAN DENETTE/THE CANADIAN PRESS

Canada collapses

- Juniors enjoyed a 3-0 lead going into the third period of the gold-medal game
- Russia erupted for five unanswered goals to win its first gold medal at the tournament since 2003 {page 20}



▶ Team Canada captain Ryan Ellis reacts after losing to Team Russia in the world junior championship final in Buffalo, N.Y., yesterday.

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Roll of B.C. chefs continues

KRISTEN THOMPSON
@METRONEWS.CA

British Columbians are cooking up a storm on the international culinary scene.

On Jan. 25 homegrown chef Ryan Stone will be flying to Lyon, France, to compete in the Olympics of culinary contests — the Bocuse d'Or.

Stone is the sixth local chef in a row to represent Canada in the prestigious biennial contest, which has been led by a B.C. team nine times in the past 12 competitions.

"Some of that has to do with a snowball effect," Stone said.

"The chef (at Bocuse d'Or) creates great awareness of the competition here.

"It's also the culture we have in B.C. Chefs are really open with information, are willing to share recipes and to take on apprentices."

So committed is his team — and their corporate sponsor, Moxie's — that Stone flew to Scotland to work with and learn about the lamb that is featured on his menu.

He added that it's not a stretch to draw parallels between Bocuse d'Or contestants and Olympic athletes.

"The preparations are just as intense," Stone said.

"We're practising seven days a week and on most days doing 10 to 12 hours a day. Every week we'll do ... the full practice run and tweak recipes. It's exciting."

CONTRIBUTED

▶ Chef Ryan Stone

Reformed rapper's past haunts career

◗ Vancouver's Mad Child denied entry into U.S. ◗ Claims to have severed ties with Hells Angels

Mad Child spent the past year cleaning up his life, but U.S. officials didn't give the Swollen Members rapper any Brownie points last month.

The Vancouver artist — whose real name is Shane Bunting — claims he was denied entry into the U.S. after being interrogated for eight hours at YVR in early December.

"They kept asking me, 'Are you in the Hells Angels?' 'Are you in the gang?'" Mad Child told Metro. "I said, 'I'm absolutely not' — that my only connection are friends in the past who were members."

In the end, U.S. Customs and Border Protection officers turned the rapper away and he was forced to miss several tour dates.

Disassociated from his drug-fuelled, volatile past, Bunting was blindsided by the incident. "I didn't see it coming," he said. "I could see if it happened to me six years ago, but now I'm on my own path.

"I don't go to clubs anymore. I'm sober. I don't even go out much."

Bunting is applying for a waiver so he can tour again, and is taking the ordeal in stride. "When you lose everything and have come out of a drug addiction, you're happy to go another day," he said. "Life is a gift. There are so many worse things that can happen to people." ● MATT KIELTYKA

CONTRIBUTED

▶ Swollen Members rapper Mad Child has been denied entry into the United States.

1 news

TV meteorologist blames personal stress for false claim of Central Park attack. Scan code for story.

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2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca

Tips for avoiding headaches and holdups when buying group lottery tickets. Video at metronews.ca

News vet joins Clark's campaign

Liberal leadership candidate Christy Clark is turning to a familiar face to recruit supporters.

Longtime news anchor Pamela Martin has thrown her support behind Clark and will be in charge of recruiting volunteers and new Liberal members to back Clark.

"It's really different to be on this side of the microphone," admitted Martin. "It's the perfect opportunity for me to be a part of the political process. It's time to have a woman as premier."

Martin wasn't shy about flashing her brand-spanking-new Liberal membership around and the Clark camp is counting on similar political newbies to bolster her ranks.

"We want to encourage people to join a political party, this political party, many of them for the first time," said Clark. "This campaign is really about bringing a fresh perspective."

Simon Fraser University marketing expert Lindsay Meredith thinks the outsider route may pay off.

"All the incumbents have blood up to their elbows for the HST," said Meredith. "She's a very serious threat who has upset the apple cart."

MATT KIELTYKA

For more news, visit metronews.ca/vancouver

▶ Surrey RCMP Cpl. Drew Grainger outside an apartment where two girls were injured in a fire Tuesday night.

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Jamaica 7 Nights 4-Star	from $787 + taxes & fees $270

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KIMIYA SHOKOOHI/FOR METRO

Heroes save twins

Toddlers still in critical condition Mattress fire started when girls' bedding was ignited by a lightbulb

KIMIYA SHOKOOHI
VANCOUVER@METRONEWS.CA

Twin 20-month-old girls rescued from a Surrey fire Tuesday are still being treated at B.C. Children's Hospital where they are in critical but stable condition, Surrey RCMP said yesterday.

"Significant portions of these girls' bodies were significantly damaged," said RCMP Cpl. Drew Grainger.

The accidental fire started early Tuesday evening in the girls' room when the bedding of their crib ignited from the lightbulb of a lamp.

They were alone in the room. The door was shut.

The smoke alarm was working, but was outside the closed bedroom door, which blocked early smoke detection, said Surrey fire Deputy Chief Jon Caviglia.

Neighbours Simon, 25, and Matt Gallant, 28, heard the mother's cries for help and rushed into the unit to save the twins.

The fire department is applauding the Gallant brothers for their heroic rescue. However, Caviglia is warning the public to be wary, as smoke is extremely toxic.

"One never knows how many breaths of that smoke you can take before it makes you unconscious," he said.

The brothers and the girls' mother were also taken to hospital at the time for minor smoke inhalation.

The fire was contained within the bedroom and damage to the unit was minimal.

Caviglia said the recent string of serious residential fires should serve as a reminder to take cautionary steps toward fire-proofing with a home-safety inspection.

News in brief

Bomb scare at Delta mall

SCOTTSDALE. Police evacuated the Scottsdale Mall in North Delta yesterday afternoon after a distraught man in one of the stores was allegedly overheard saying that he had a bomb. The man, 31, was arrested and a bomb-sniffing dog was brought in to smell the man's backpack. No bomb was found and staff and shoppers were allowed back in the mall an hour later. METRO

Campaign takes aim at mature drivers

ROAD SAFETY. Abbotsford police have launched an awareness campaign underscoring the fact that older drivers have made up the bulk of deaths on local roadways. The department has created a mock "Mature Driver" sign showing a large M to bring attention to driver safety and responsibility. METRO

Two MLAs join NDP leader race

CANDIDATES. Nicholas Simons, NDP MLA for Powell River-Sunshine Coast, has announced he's running for his party's leadership. Marijuana activist Dana Larsen announced his candidacy last month. Longtime NDP MLA Harry Lali is also expected to enter the race today. METRO

Woman unharmed in shooting

ABBOTSFORD. A woman was left miraculously unharmed Tuesday night after she was followed home and shot at in her driveway. Abbotsford police believe the incident was gang related. ALEEZA KHAN

Listen up: Ted's 'million-dollar voice' saves him

Drugs and alcohol put him on the streets Then a top NBA team hears his message — and signs him up

With a deep, refined voice, Ted Williams simply asked for help to get him off the streets. He's been heard.

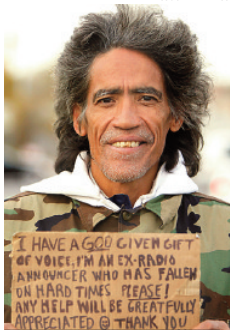
Left homeless after his life and career were ruined by drugs and alcohol, Williams has been offered a job by the NBA's Cleveland Cavaliers and is being pursued by NFL Films for possible work after he and his compelling tale became an online curiosity.

"This has been totally, totally amazing," Williams said yesterday, his voice choking with emotion.

"I'm just so thankful. God has blessed me so deeply. I'm getting a second chance. Amazing."

Williams was contacted yesterday by the Cavaliers, who have offered him a position that could include announcing work at Quicken Loans Arena, the team's downtown venue.

THE ASSOCIATED PRESS



▶ Ted Williams holds sign advertising his radio voice.

Williams said the team has offered him a two-year contract and said they would pay his mortgage.

But, wait. It gets better.

Williams said the Cavaliers' offer is just one of many flooding in.

Williams, a father of nine, says he feels like Susan Boyle, the English singing sensation who became an overnight star.

"God gave me a million-dollar voice and I just hope I can do right by Him."

Williams had been spotted with a sign that asks motorists for help and says, "I'm an ex-radio announcer who has fallen on hard times." And in his smooth, bottomless voice he says he was drawn to radio at the age of 14.

THE ASSOCIATED PRESS

India. The big freeze

▶ Children huddle around a bonfire in Gurgaon, India, yesterday.

GURINDER OSAN/THE ASSOCIATED PRESS

Brrr... It feels like Canada

Northern India is getting a taste of Canadian-style winter weather. Freezing temperatures and icy Himalayan winds have killed dozens of people in the past two weeks and forced schools to close. Authorities arranged bonfires at major road crossings, hospitals and bus and railway stations to help people keep warm.

Mystery pair will share giant jackpot

At least two people will find themselves millions of dollars richer.

The holders of a ticket sold in Idaho and another in Washington state will be sharing Mega Millions' $355-million US jackpot from Tuesday night's drawing, American lottery officials said yesterday.

The prize is the fourth-largest in U.S. history and the second-largest in Mega Millions' history.

The lottery's prize of $390 million in March 2007 remains the richest on record in the United States.

THE ASSOCIATED PRESS

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Mega Millions jackpot winners have to match five numbers plus the "Mega ball." Winning numbers were 4, 8, 15, 25 and 47, with 42 being the "Mega ball."

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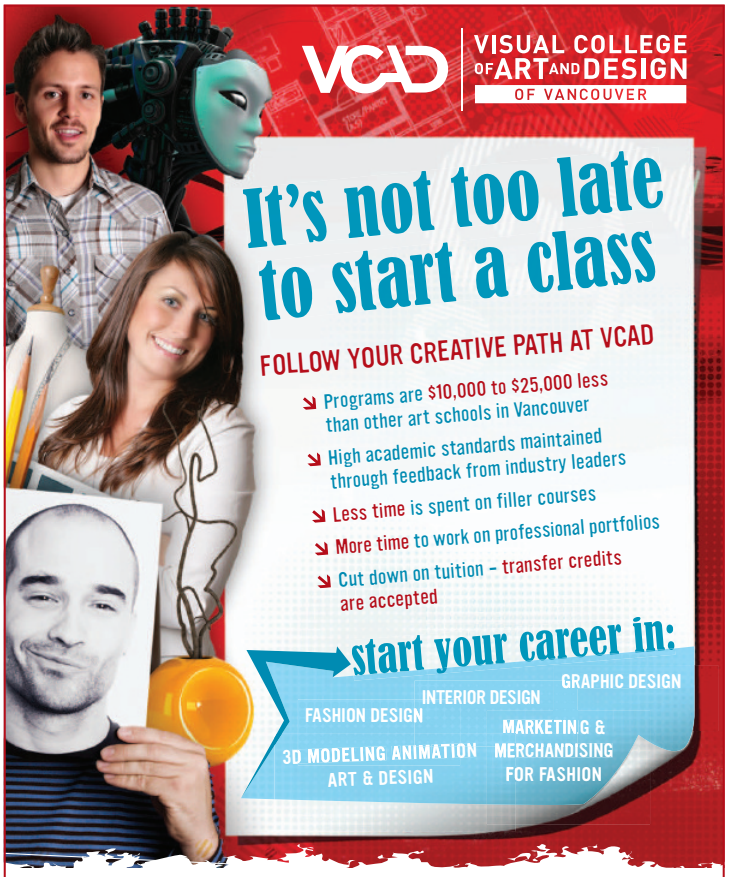

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SUN: ONE-WAY FARES FROM VANCOUVER, FOR TRAVEL AS INDICATED BELOW. FARES DISPLAYED DO NOT INCLUDE FUEL SURCHARGE OF UP TO $135 ONE WAY. BOOK BY JANUARY 7, 2011. *FOR DESTINATIONS IDENTIFIED WITH AN ASTERISK, BOOK BY JANUARY 13, 2011.

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INTERNATIONAL: FARES ARE EACH WAY FROM VANCOUVER AND REQUIRE ROUND-TRIP PURCHASE. DEPARTURE DATES AS INDICATED BELOW. FARES DISPLAYED DO NOT INCLUDE FUEL SURCHARGE OF UP TO $212 EACH WAY. BOOK BY JANUARY 13, 2011.

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Pot growers to pay taxes?

CRA says income is taxable, whether it's legal or not

Police may turn a blind eye to the sale of unlicensed medical marijuana in British Columbia, but the tax man doesn't.

The Canada Revenue Agency came knocking on the door of the British Columbia Compassion Club last October looking for a list of its pot suppliers.

The club went to federal court asking for a judicial review of the agency demand, arguing that ill medical marijuana users would be the losers when supplies dried up because it had to give up the names.

"If the applicant is seen as a source of information for authorities, it is foreseeable that cultivators will cease to deal with the applicant," say documents filed in federal court.

"The applicant's position is that the CRA should consider the potential 'collateral damage' from its use of civil audit powers."

The Vancouver-based non-profit society supplies medical-grade marijuana to about 6,000 registered members diagnosed with everything from arthritis and glaucoma to cancer and HIV.

Instead of proceeding with the court action, the club has worked out an agreement with the federal tax agency, said John Conroy, lawyer for the Compassion Club.

Now, club organizers are trying to convince 30 or so growers to step forward and declare their income to the CRA during an amnesty worked out with the agency.

While the club puts strict organic farming conditions on growers and bans the use of chemicals, it insists it knows little about the growers themselves.

THE CANADIAN PRESS

Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft
– 6.32 (13,395.99)	+ 0.21 ¢ (100.36¢ US)	+ 92¢ US ($90.30 US)	$4.473 (– 19.6¢)
			Gold contracts $1,373.70 (– $5.10)

PHOTOS AS OF 5 P.M. YESTERDAY

Technology. Revamp

▶ Richard Lawler watches 3-D HDTV using standard 3-D glasses at the press opening yesterday of the consumer electronics trade show in Las Vegas.

JULIE JACOBSON/THE ASSOCIATED PRESS

Taking 3-D television up a notch

LG Electronics says it will sell a new type of 3-D TV this year, one that uses the light, cheap glasses used in 3-D theatres rather than the standard bulky ones used with the 3-D TVs introduced last year. Other TV makers are also expected to announce 3-D sets that work with so-called "passive" glasses.

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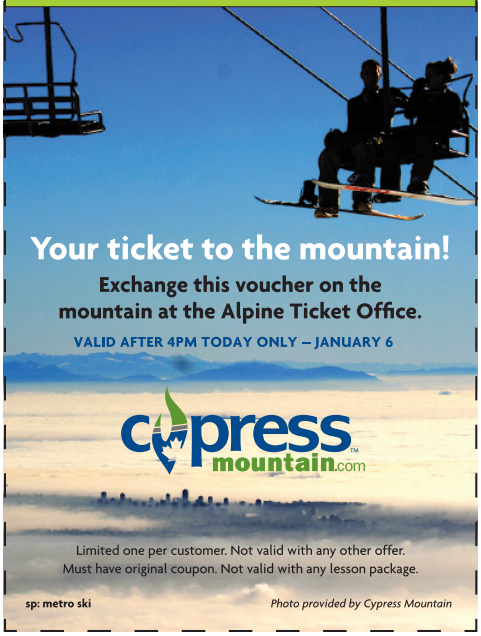

Natural gas firms adapt to low prices

Canadian natural gas firms are bracing for lean times in 2011, with the price of their product expected to remain weak a while longer.

"Producers that are heavily natural gas weighted are having to work hard to restructure their business model, so that they can continue to survive and thrive in what looks to be an extended period of low natural gas prices," said Gary Leach, head of the Small Explorers and Producers Association of Canada.

Junior producers, most of which are focused on natural gas, are determined to keep their costs as low as possible, Leach said. Some are looking at hedging — entering contracts to sell their product at a set price for a set period of time — but even still, it's been tough to fetch a decent price.

THE CANADIAN PRESS

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He says ...

JOHN MAZEROLLE

I'd like to talk about something very close to my heart. Specifically, my lungs.

It's winter, which means most of you have struggled with some symptom of the season, be it the common cold, the common flu, the common fever, the common Guillain-Barré syndrome, the uncommon cold, cabin fever, swine flu, disco fever, Jersey Cold Shore, SAD (Seasonal Affective Disorder) or HAPPY (Heat-Averse Pessimistic Period — Yearly).

I haven't been sick at all, which is good news because it allows me to offer advice to the rest of you, starting with a heartfelt, "Ha ha ha ha ha HA ha." It's also good news because I generally handle colds about as well as the guy with no face or limbs in that Metallica video.

Because I only want the best for my reader(s), here's my guide to dealing with winter illness.

Q: What is the common cold?

A: It's the cold that commoners get. Royals get a different virus, which is why they always look tired and wave to crowds like they're struggling with a degenerative muscle disease.

"Studies show that just about every purported cold remedy ... does nothing or is just a Star Trek thing."

Q: What can I do to prevent it?

A: Not much. Studies show that just about every purported cold remedy — zinc, vitamin C, hypospray — either does nothing or is just a Star Trek thing. That's why people hate colds. The best ways to ward off a cold take work — exercise, eat vegetables, drink lots of non-alcoholic drinks — and we think, "Geez, I'd rather get sick."

Q: Is there nothing we can do?

A: It's best to avoid contact of all kinds, including eye contact. And remember not to touch anything that may have been touched by another person. An elevator button, for instance, is a virus-ridden glowing circle with all the killing potential of the Hal 9000. Also, avoid "practical joke" bathrooms that have no-touch flushes, water, soap and paper towels, but require you to pull on a clammy metal handle to get out.

Q: What if human contact is necessary?

A: Fortunately, Health Canada's recommended "sleeve sneeze" acts as a warning beacon, cautioning people to stay away by making any coat you are wearing a huge wearable Kleenex with mucous in the elbow folds. But if someone extends their hand, wash it. If someone asks for a hug, run. And never have children.

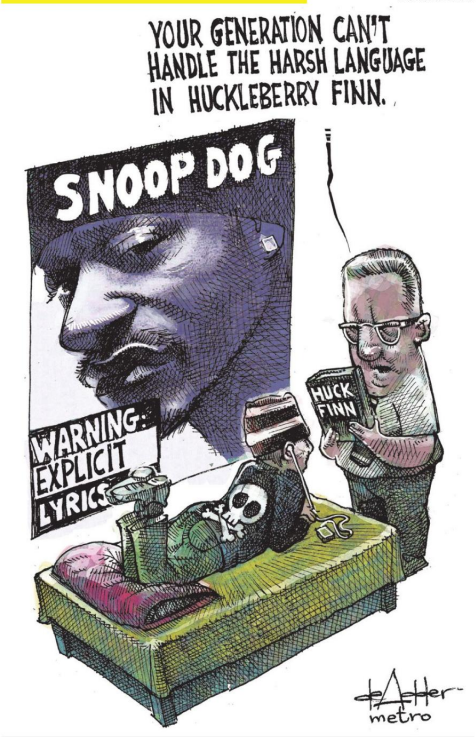
Q: What are doctors saying?

A: In a recent survey of more than 200 Canadian MD's, most responded hack hack HWAAAGH ah-choo. At least that's what I think they said. It's so hard to read their handwriting.

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER



Hexing the government

Worth mentioning

Solace for world leaders trying to enforce painful austerity measures: At least you're not running Romania. Angry witches are using cat excrement and dead dogs to cast spells on the president and government, who are forcing them to pay taxes. Also in the eye of the taxman are fortune tellers, who should have seen it coming.

And President Traian Basescu isn't laughing it off. In a country where superstition is mainstream, the president and his aides wear purple on Thursdays, allegedly to ward off evil spirits.

A dozen witches will head to the Danube to put a hex on the government today and hurl mandrake into the river "so evil will befall them," said a witch named Alisia. She identified herself with one name, as is customary among witches.

The tax on witches went into effect Saturday as part of the government's drive to crack down on tax evasion in a country that is in recession. Like any self-employed person, they will pay 16 per cent income tax and make contributions to health and pension programs.

Magic in Romania is no laughing matter. Centuries-old superstitions are rife and are tolerated even by the Orthodox Church. THE ASSOCIATED PRESS

Double, double toil and trouble

VADIM GHIRDA/THE ASSOCIATED PRESS

How do you beat the January blahs?

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Metro Minute at Kartoons With Kurtis

While many know about Betty Boop or Popeye, how many people have watched the original cartoons in which they appear?

Kartoons With Kurtis is a great chance to watch them on the big screen at 7 tonight.

Host Kurtis Findley will show classic cartoons from the 1930s to '60s, including Betty Boop, Popeye the Sailor, Screen Songs, and Out Of The Inkwell.

Audiences can relive their childhood and learn how these animations were made, who made them and why they are important.

The show plays at the Ridge Theatre (3131 Arbutus St.).

Tickets are $5. Visit festivalcinemas.ca for more info.

● AYAKA KAWAI

TORSTAR NEWS SERVICE FILE

▶ Kartoons With Kurtis is showing tonight at 7 at the Ridge Theatre. Tickets are $5.

DINE OUT VANCOUVER™ Presented by TOURISM VANCOUVER January 24 to February 6, 2011

Paltrow's pals help bring her voice out

Actress turned to Beyoncé and Faith Hill to prepare for role in Country Strong Had to win over producers who doubted her

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

Famous as she may be, taking on the role of a country music superstar was more than a little daunting for Gwyneth Paltrow. But it wasn't the singing that had her worried — Paltrow has belted out a few tunes on screen previously, after all.

"I was nervous about playing somebody who was such a huge star, which is different from playing someone who, you know, has a guitar and sings or is trying to make it," she says. "My singing teacher in London worked me really hard. She was like, 'There's a big voice in there. We're going to get it out.' And I was scared of my own kind of voice."

Luckily, she had some friends with a little experience in the area. Paltrow turned to singers Beyoncé Knowles and Faith Hill for advice and guidance.

"They were both so supportive of me. They were so generous of spirit," she says. "Beyoncé was in London. She helped me so much. I obsessively watched Beyoncé perform. I just wanted to get a little bit of that incredible self-belief and abandon that she has on stage."

On set, Paltrow found support in Hill, whose husband, Tim McGraw, co-starts in the film. "When I got to Nashville, Faith helped me so much," she says. "Faith said to me, '30 days before you do just start singing it. Sing it every day so you know the vocal part, it's just in your muscle memory.' I just did everything she said, and she got me through it."

As much as she looked to her diva pals, Paltrow did have a music superstar at home to turn to, but she says husband — and Coldplay front-man — Chris Martin wasn't as much help as the ladies.

"I mean, he was great," she says. "But to be totally honest, I kind of picked the brains of my girl singer friends more, because I think it's a very different thing — to be a male in a band as opposed to a lead."

If Paltrow had any doubts about pulling off playing fresh-out-of-rehab singer Kelly Canter, they were nothing compared to those of the studio. At least that's what Screen Gems head Clint Culpepper told her.

"When the script came to him I was already attached, and he's like, 'You all are crazy. She is so wrong for this part,'" Paltrow remembers, adding that Culpepper later changed his tune. "But yeah, I think when you think of country superstar, drug-drink addict, you maybe don't think of me immediately."

▶ Gwyneth Paltrow stars as country singer Kelly Canter in Country Strong.

Infamous Hollywood hotel inspires Coppola

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

Sofia Coppola's latest film, Somewhere, follows fictional movie star Johnny Marco (played by Stephen Dorff) as he drifts drunkenly through life in a rented apartment at the infamous Chateau Marmont hotel on the Sunset Strip.

Given Coppola's Hollywood upbringing, surely Marco has a real-life counterpart — but she's not naming any names.

"I based him on people I've met and people I know and stories I've heard from the Chateau Marmont — kind of a combination of a bunch of people," Coppola says. "There's maybe a dozen people that I took pieces of. I don't want to get out-of-context and make someone feel bad. So yeah, you can imagine, right?"

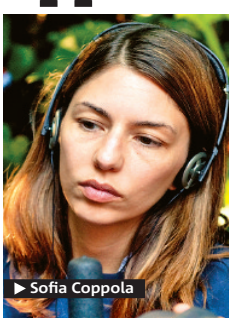
One thing she didn't see coming, though, is how many friends have seen it and have assumed they are one of the dozen sources.

"It's funny, the few people that I wasn't really thinking of said, like, 'Oh, it's based on me,'" she says with a laugh. "So many actors have lived at the Chateau."

And some, like John Belushi, have died there. The hotel is steeped in Hollywood history, something Coppola knew she could only capture by shooting in the actual location.

"Luckily they let us film there," she says. "My producer said, 'OK but what's the back-up plan.' I was like, I never have a back-up plan."

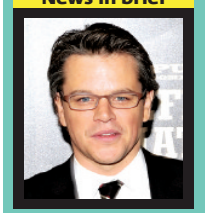
In the film, Marco is suddenly faced with minding his 11-year-old daughter (Elle Fanning) after his ex-wife leaves town unexpectedly.



▶ Sofia Coppola

2 scene

News in brief



Jason Bourne, a vampire heartthrob and an American Idol judge are going to the Golden Globes.

The Hollywood Foreign Press Association announced Tuesday on Twitter that Matt Damon, Robert Pattinson and Jennifer Lopez would present trophies at the 68th annual ceremony at the Beverly Hilton Hotel on Jan. 16. For the second year in a row, Ricky Gervais will host the event, which is seen as a predictor of how films will do at the Academy Awards on Feb. 27.

THE ASSOCIATED PRESS

SCANLIFE
Canadians can start sampling content from Oprah's new network starting Friday

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January 24 to February 6, 2011

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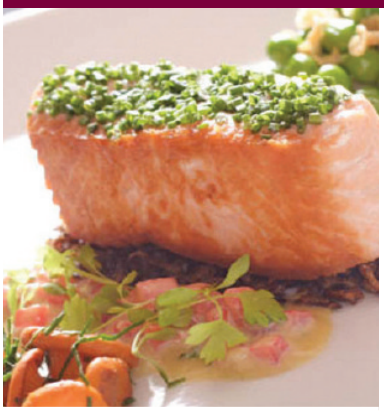

We hope you're hungry... 214 restaurants type of hungry!

Over 14 days from January 24 to February 6, satisfy your love of food and BC wine at an amazing list of restaurants throughout Metro Vancouver, each offering a 3 course menu at $18, $28 or $38† per person.

Still hungry? New for 2011!

Eat your way through a full menu of food events, cooking classes and dinner tours. Don't delay; they're only here for Dine Out!

The Inside Taste: A Sustainable Plate & Pairing Challenge
Jan 20

Launch your Dine Out Vancouver experience and get a sneak peek at some Dine Out Vancouver dishes! Eight DOV restaurant chefs vie for top food and BC VQA wine pairing honours at this inaugural event. Hosted by the Vancouver Aquarium in support of Ocean Wise™, Canada's leading sustainable seafood program.

Dine Academy
Jan 14 through Feb 11

Ever wish you could cook like a pro? Here's your chance to learn from one. Back again for 2011, enjoy any number of these culinary classes, demos and market tours with The Dirty Apron Cooking School, Quince and The Pacific Institute of Culinary Arts.

Secret Supper Soirée
Jan 14, 15, 28, 29 and Feb 4, 5

Swallow Tail Secret Supper Club brings you a mystery dining adventure like no other. Hop on a classic Vancouver Trolley, and sip and savour in some unexpected venues on Dine Out Vancouver's culinary speakeasy tour!

Brasserie Mystère
Feb 10

Kronenbourg 1664 presents Brasserie Mystère – an exclusive dining experience prepared by a renowned chef, in a secret location, featuring an exceptional meal paired and enjoyed with Kronenbourg 1664. Discover a dining experience as exclusive as the beer. Kronenbourg 1664 is a Proud Supporting Sponsor of Dine Out Vancouver 2011. k1664brasserie.ca

Act I, Eat 1
Jan 27, 28 and Feb 4

Three epic dinner theatre pairings! The Arts Club Theatre Company and The PuSh International Performing Arts Festival pair two stellar shows with equally delicious meals at Cru, Red Door Pan Asian Grill and The Irish Heather Gastropub.

Dinner in the Dark
Feb 5

Do you dare? Culinary Capers Catering and Laughing Stock Winery present this sensory dining experience. Chef de Cuisine Jonathan Chovancek prepares a tantalizing eight course mystery dinner paired with wines and served at communal tables in the middle of their commercial kitchen. Blindfold included.

Best Bite Awards

Cast your vote for your favourite restaurant experience and you could Dine Out for a Year!

Book now at tourismvancouver.com/dov

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Choose from one of the three Dine Out Hotel rates: $68, $98 or $138.* The following hotels have created these special rates for the Dine Out Vancouver period (valid for stays between January 24th and February 6)*:

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- Quality Hotel Downtown – The Inn at False Creek
- Ramada Limited Downtown Vancouver
- Sandman Hotel Vancouver City Centre
- Delta Burnaby Hotel & Conference Centre
- Happy Day Inn
- North Vancouver Hotel

$98

- Best Western Downtown Vancouver
- The Empire Landmark Hotel
- Holiday Inn Hotel & Suites Vancouver Downtown
- The Listel Hotel
- Sandman Suites on Davie
- The Sutton Place Hotel
- Best Western Chateau Granville
- Inn at the Quay
- Century Plaza Hotel & Spa
- Delta Vancouver Airport
- The Georgian Court Hotel
- Granville Island Hotel
- Holiday Inn Vancouver Centre
- Radisson Hotel Vancouver Airport
- Sunset Inn & Suites
- Vancouver Airport Marriott
- Days Inn Vancouver Downtown
- Pinnacle Hotel at the Pier

$138

- Delta Vancouver Suites
- Hyatt Regency Vancouver
- Pan Pacific Vancouver
- The Westin Grand Vancouver
- Coast Coal Harbour Hotel
- Granville Island Hotel
- Holiday Inn Hotel & Suites North Vancouver
- Time Square Suites
- Metropolitan Hotel Vancouver

Book now at tourismvancouver.com/dovhotels

* Rates are quoted in Canadian currency, are subject to availability and based on double occupancy. Valid only for stays between January 24, 2011 and February 6, 2011.

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Book Dine Out Vancouver reservations at over 210 restaurants on January 6TH! tourismvancouver.com/dov
Presented by TOURISM VANCOUVER

Add another song to her played list

Swift, famous for singing about ex's, has been dumped by Gyllenhaal

While they spent a romantic Thanksgiving together, Jake Gyllenhaal and Taylor Swift rang in the New Year separately — and apparently the new couple is no longer a couple.

"They're over," a source tells People magazine.

"It ended last month."

And according to Us Weekly, it was Gyllenhaal who initiated the split.

"He said he wasn't feeling it anymore and was uncomfortable with all the attention they got," a source says.

"He also said he could feel the age difference. Taylor is really upset. We told her not to move so fast with this but she didn't listen."

METRO

GETTY IMAGES FILE

Talking points

Aguilera gets a new ring from beau

PEOPLE Christina Aguilera reportedly celebrated her 30th birthday last month with a very special gift from new boyfriend Mattew Rutler: a ring. But sources tell People magazine that it doesn't mean the couple is taking the plunge. "It's not an engagement ring and they're not engaged," a source says. METRO

Elton John's rocket child

PEOPLE Elton John and husband David Furnish are now the proud parents of a baby boy, Zachary, born on Christmas Day by a surrogate mother, and the Rocket Man singer is reportedly the biological father, according to Popeater.

METRO

Celebrity tweets

Goldie Hawn [@goldiehawn] Just arrived NYC! Brrrrr. Soon off to Russia! Double Brrrrr

John Cleese [@JohnCleese] In 2011, be extra nice to people who resemble small animals

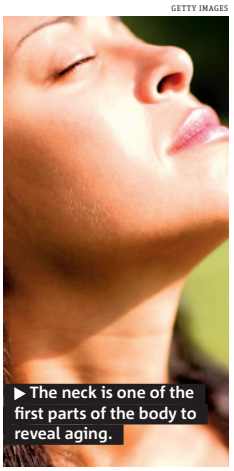
Russell Brand [@rustyrockets] 2011 is our last year before Armageddon, let's not spoil it by showing off. I nod you a merry New Year.

Elizabeth Banks [@ElizabethBanks] Some people treat themselves to NOBU or a juicy Peter Lugar steak. Me? I'm all about IKEA meatballs. They make me really really happy. METRO

PURINA
I'm a home entertainment system.
Pets. They're four paws of wonder. To learn more, join the online debate. Let's talk pets at
pawsway.ca
A Purina Pet Project
Trademarks owned by Société des Produits Nestlé S.A., Vevey, Switzerland.

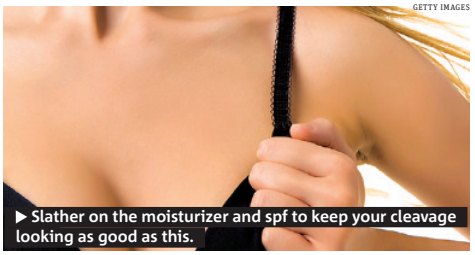
Three spots to target this year

GETTY IMAGES



▶ The neck is one of the first parts of the body to reveal aging.

GETTY IMAGES



▶ Slather on the moisturizer and spf to keep your cleavage looking as good as this.

GETTY IMAGES

▶ Save your hands from spots with sunblock.

The face is an obvious point of focus. However it's important to pamper your hands, chest and neck as well. Here's why.

KENYA HUNT
STYLE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

The neck

"The neck ages much more quickly than the face and it's much harder to fix," says Dr. Doris Day, a dermatologist in New York. That's an ominous thought. "You want to start paying attention to that area now," she says. She suggests applying a healthy amount of moisturizer, preferably with an spf. "The good thing is that you can use most of the same products that you use on your face for this part of the body," Day says.

But if your neck is already looking less than radiant, she suggests trying the Colorscience range of spf powder brushes.

Colorscience, colorescience.com approx. $72

The chest

During the autumn/winter runway collections, the cleavage was the star of the show. Keep your headlights bright with moisturizing creams packed with antioxidants and hydrating ingredients such as hyaluronic acid. Like the neck, the chest is another area in which problems can arise quickly. "I see a lot of women who have brown spots on the chest, broken blood vessels and saggy skin in the cleavage area," she says. If the idea of spotty, wrinkly décollatage makes the hair on your arms stand on end, take note: You can decrease your chances of getting skin damage down there with the right products and daily application. Day recommends Skin Medica's TNS Hydrating Complex, which boosts firmness and elasticity.

Skin Medica, skinmedica.com approx. $85

The hands

"Too many people over wash their hands. It's not good because it strips away the natural oils from your skin," Day says. Don't even think about washing without following up with a rich hand cream afterward, according to Day. And don't forget the all-important spf. "Like your face, your hands are constantly exposed so you want to be sure to protect them from the sun. Even on cloudy days," she says.

A makeup makeover

Don't know where to start on the clean-the-clutter resolution for the new year?

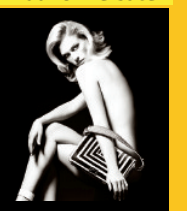
Your cosmetics case would be good since gratification can come in minutes instead of the hours it would take to organize your closet or wade through boxes in the garage.

Linda Wells, editor-in-chief of Allure magazine, is on board. She's going to start with clumpy mascara, foundation that shows signs of separation and any perfume that's cloudy instead of clear. Then out goes the fuchsia lipstick that doesn't look good now nor when she first tried it months ago. "If something doesn't look good today, yesterday or last year, then it's never going to look good. Give it up," Wells said.

So that you don't end up tossing expensive products because you can't finish them in time, Wells suggested buying smaller jars and bottles, even if it doesn't seem economical at first blush. But you'll pay for wearing a mascara that irritates your eyes because of bacteria, or wasting your time with skin-care products that no longer have active ingredients. THE ASSOCIATED PRESS

3 life

Mad for Versace



January Jones is the latest blond starlet to head-up Versace's spring/summer'11 advertising campaign. Donatella Versace described Jones as, "a perfect Versace woman for the 21st century…she is chic and elegant but deeply sensual too." Mario Testino's 60s inspired images capture the Mad Men actress naked but for a few artfully placed seasonal accessories.
METRO

ScanLife

Zac Posen forges ahead into 2011 collections with a look back at classic ones.

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Going back to bohemia in 2011

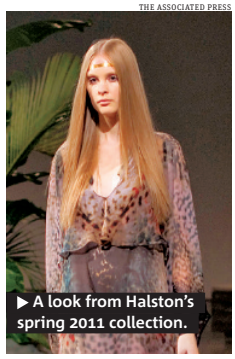
Today's most fashion-forward folk are looking backwards to the '70s

The wide-leg trousers, below-the-knee dresses and off-the-shoulder peasant tops headed our way in 2011 mark the beginning of a highly stylized trip down memory lane through the 1970s. Could an avocado kitchen be far behind?

Trend watchers find many sociological parallels between the '70s and the current climate – a time when working women were seen as coming into their own, a period of economic instability and a party-hard attitude. That, they said, could bring back more than a few trends.

People are no longer looking to revolt. They want more of a "quiet rebellion," said Marian Salzman, president of Euro RSCG Worldwide PR. That can be interpreted in a plaid lumber jacket on a city street, men's half-groomed moustaches and beards, and mashups of seemingly clashing colours.

THE ASSOCIATED PRESS



▶ A look from Halston's spring 2011 collection.

"I think there's a backlash in fashion against all the futurism and athletic references we've seen."
ANDREA PRAET

There's heritage and nationalism flowing on the runways with designers sticking to signature pieces, with Americans doing more sportswear and Italians the sexy thing, for example.

"I think there's a backlash in fashion against all the futurism and athletic references we've seen," said Andrea Praet, trend director of forecasting firm StyleSight. "Minimalistic is still important, but so is authenticity. It's about just getting out there and living."

Gucci Westman, the Revlon global artistic director, really sees power and confidence coming through, especially for women.

THE ASSOCIATED PRESS

Luxe and luscious

These amazing fragrances ooze femininity and give old-school florals a new twist. They're sexy, flirty and grown-up at the same time. There's nothing like a little spritz to spice up your January.

Lady Million by Paco Rabanne
Lusciousness defined by patchouli, vanilla, sweet orange, jasmine and mint. Eau de parfum, $80 (50 ml), pacorabanne.com

Jean Paul Gaultier Classique
Round, full and classic, thanks to star anise, ginger, orange blossom and vanilla. Eau de toilette, $119 (100 ml) sears.ca, thebay.com

Oriens by Van Cleef & Arpels
A fruity chypre simmering with wafts of patchouli beneath a jasmine heart. Eau de parfum, $145 (50 ml) vancleef-arpels.com

Nina Ricci Nina L'Elixir
A burst of lime rounds out this pretty toilette's berry and jasmine notes. Eau de toilette, $78 (50 ml) ninaricci.com

Twirl by Kate Spade
Musk and amber add glamour to girlish white blooms. Eau de parfum, $78 (50 ml) katespade.com

Idylle by Guerlain
Heady, old-fashioned Bulgarian rose gets a modern spin via crisp, green top notes in this elegant floral-chypre. Eau de toilette, $80 (50 ml) guerlain.com

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Let the glittering glamour shine on

DECOR MOMENT

KARL LOHNES
HOME@
METRONEWS.CA

It's been only days since I took down the holiday ornaments, lights and tree, and I must admit that there's a rather dull vibe around the house. And this cold weather isn't making things any brighter.

Luckily, one of this year's big home decor trends is vintage shimmer and shine from the 1960s.

From glossy flooring, sequined pillows and rich satin fabrics, the house can feel like a glamourous holiday throughout all of the 2011. Here are a few glittering trends to look out for this year.

High-gloss style without the high price from Ikea.

GLOSSY FURNISHINGS

Small spaces take well to super-gloss/shiny surfaces as they help to reflect light and look airier than heavy wood.

Considering a new kitchen? Look no further than the super affordable Ikea Abstrakt cabinetry in your choice of a few eye-popping colours.

Got a heavy-looking coffee table or dresser? Top it with a piece of thick glass to help create a reflective surface and lighten the overall look. A glass-panelled backsplash is an inexpensive and chic way to update a kitchen with shine.

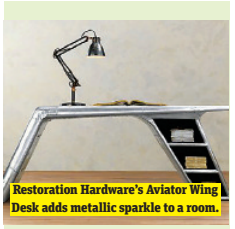
Crate and Barrel's Sunburst Mirror mixes gold and silver.

SEQUIN AND BEADS

Although sequins may feel scratchy, no one will argue that their glitter and shine add a sense of party-glamour to a room.

A decorative sequined pillow, beaded lampshade or a drapery panel dotted with a few shiny bobbles will add whimsy and celebration to a room.

You'll find lots of inspiration by shopping in ethnic areas of town. Little India often has sari fabrics — they'll provide all the inspiration you need to get started.



Restoration Hardware's Aviator Wing Desk adds metallic sparkle to a room.

SHINY FLOORS

The luxe look of silk/wool area rugs add rich colour and sheen to the floor.

Deep colours of charcoal grey and chocolate brown are popular colours right now.

Other colours, such as deep purple, green or pink, could land on our floors soon.

Want ultra-cool flooring? Try leather floors for sheen and texture (check out torlys.com). Made of recycled leather, they add a sense of penthouse sophistication for around $12 per square foot.

Soft sheen from leather on Crate and Barrel's Delano chair.

SATINY FABRICS

The soft sheen of leather is coming back and this around leather will be in a plethora of colours. Inspired from mostly '60s style, the simple furniture shapes with fashionable coloured leather will help make a statement in the living and family room.

Leather not your style? Consider a traditional styled, button-tufted sofa upholstered in a thick satin fabric. Think Doris Day and her '60s penthouse apartment and you'll be all set for this look. Upholstering a wall in faux-leather or satin gives a luxurious hotel-look to a bedroom.

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Conversation starters: Photos can add interest to a room

One of the hottest trends in home decor is hanging photographic art, which can make a big impact without costing a lot.

Flip through the pages of any shelter magazine to see examples of arresting imagery, in colour and black and white, of streetscapes, landscapes, portraits and still lifes.

"Photo art brings in elements of energy, atmosphere and emotion," says designer Thom Felicia, one of many designers and retailers who are championing the form.

One place to check out new directions in photo art is artspan.com, a website featuring contemporary artists.

Photographer Irene Andreadis of Huntington, N.Y., did a striking series of shots, featured on the site, of an old train car abandoned in the woods.

Her lush, colour-saturated shots of flowers also caught the eye of Tiffany's store decorators, who bought several orchid photos.

Kim Curinga, a photographer based in Eight Four, Pa., shot a series of feline portraits, manipulated in Photoshop to look like pop art.

The images, also on artspan.com, have a fun modern art vibe.

She's also captured a beautiful group of Yosemite images, evocative of Ansel Adams' work.

KIM CURINGA /THE ASSOCIATED PRESS

▶ Cat Portraits by Kim Curinga.

"Three of these, five-feet-tall and framed, hang in my home. I print things large — they're more dramatic," she says.

New Yorker Jen Bekman started 20x200.com in 2007. As she sees it, "There are a lot of people out there who want to sell their art and a lot of people who'd like to buy it. They just have a hard time finding each other."

The website name came from the initial concept, which was to offer limited editions of 200 of each art piece, priced at $20.

The site now offers a broader range of sizes and prices. THE ASSOCIATED PRESS

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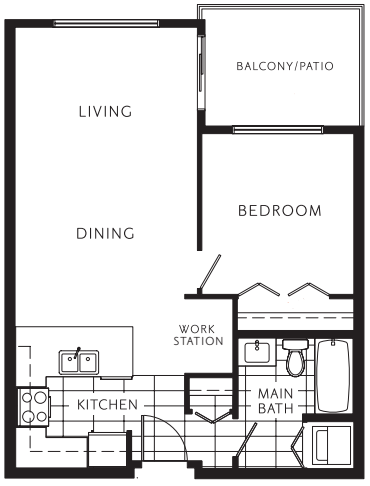

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A lifestyle development concept by HUNGERFORD group

New Yaletown eatery goes heavy on the sauce

Paul Stirfry Chopstick House needs to tone down its use of condiments

ERIN IRELAND

▶ The Yaletowner Salad and Spicy Edamame.

LUNCH RUSH

ERIN IRELAND
FOOD@METRONEWS.CA

After relishing in yet another year's smorgasbord of guilt-inducing Christmas desserts (in which I predictably overindulge, despite self-promises of restraint that vanish as easily as chocolate mousse goes down), I was looking forward to light meals in the New Year.

Paul Stirfry is Yaletown's newest South East Asian eatery, serving Ocean Wise seafood — as well as several vegan and gluten-free options. And it had a salad with my name on it: The Yaletowner ($8).

The dish, consisting of coarsely chopped Asian veggies and romaine lettuce, was so inundated with a tasty sesame dressing that its contents appeared to be drowning in a goopy grave.

The chicken and prawn add-ons — $3 each — could have vindicated the stir-fry-like salad, although the four, small, burned bits of chicken thigh and two curried prawns were outrageously skimpy.

Leaving a pleasant tingle of sweet spice on my tongue was the Spicy Edamame ($4.50). However, it too was bathing in a wealth of sauce.

Paul Stirfry Chopstick House
550 Nelson St.
paulstirfry.com
11 a.m. - 11 p.m., daily
Rating: 2/5

Salsa-topped Crab Cakes

Ingredients:

Crab Cakes
- 30 ml (2 tbsp) butter
- 1 small onion, chopped
- 1 clove garlic, minced
- Half red pepper, diced
- Pinch dried tarragon leaves and black pepper
- 30 ml (2 tbsp) flour
- 125 ml (1/2 cup) milk
- 2 boxes (each 190 g/7 oz) frozen snow crab meat, thawed and squeezed dry
- 175 ml (3/4 cup) dry breadcrumbs, divided
- 30 ml (2 tbsp) parsley
- 5 ml (1 tsp) finely grated grapefruit zest
- 45 ml (3 tbsp) canola oil
- Spring mix greens
- 30 ml (2 tbsp) butter

Grapefruit salsa
- 2 grapefruit, peeled and diced
- 30 ml (2 tbsp) chopped parsley
- 1 clove garlic, minced
- Pinch salt and sugar

Preparation:

1. **Salsa:** In a bowl, combine ingredients, set aside.
2. **Crab cakes:** In a skillet, melt butter and cook onion, garlic, red pepper, tarragon and pepper for 3 minutes. Stir in flour and cook until absorbed. Stir in milk and cook until thickened. Remove from heat and stir in crab meat, 75 ml (1/3 cup) of the breadcrumbs, parsley and grapefruit zest until well combined.
3. Divide mix into 16 balls and roll each in breadcrumbs. Flatten each to about 1 cm (1/2 inch) thick and coat with more breadcrumbs.
4. In a skillet, heat oil over medium-high heat and cook crab cakes, turning once, for about 6 minutes. Remove to a plate. Place a few greens on platter and top with crab cakes. Spoon some of the grapefruit salsa on each one.

THE CANADIAN PRESS

4 sports

Sports in brief

1 Former Toronto Blue Jay Roberto Alomar was voted into the baseball Hall of Fame yesterday.

2 Michigan fired football coach Rich Rodriguez, ending a disappointing three-year tenure.

3 Adrian Beltre is taking over as the everyday third baseman for the AL champion Texas Rangers.
THE ASSOCIATED PRESS

Scan code for more sports.

Gold vanishes in 20 minutes

- Russians roar back from three-goal deficit in the third to steal victory
- Canadians settle for silver at second straight world junior tournament

NATHAN DENETTE/THE CANADIAN PRESS

▶ Artemi Panarin celebrates his goal against Team Canada with teammate Denis Golubev.

A Russian team with a flair for drama took advantage of a devastating Canadian collapse and claimed the gold medal at the world junior hockey championship.

Trailing 3-0 going into the third period, Russia scored five times in the final 20 minutes in a 5-3 win over Canada that doused the energy of a full house of Maple Leaf-clad fans at HSBC Arena in Buffalo, N.Y., last night.

Artemi Panarin, Maxim Kitsyn and Vladimir Tarasenko struck quickly in the opening 7:29 of the period, then Panarin scored the game-winner with 4:38 left to play.

5	3
RUSSIA	CANADA

The quick goals from a highly skilled Russian squad evoked images of their late comeback wins over Finland and Sweden in their two previous games. They did it again when the gifted Tarasenko stole the puck behind the Canadian net and fed Panarin for the tournament-winning goal.

Nikita Dvurechenski ended any hope of a Canadian comeback when he beat Mark Visentin with a backhander at 18:44.

Scoring sensation Brayden Schenn, named most valuable player of the tournament, had a goal and set up another to pass Wayne Gretzky and Eric Lindros and tie the team record for points in one world junior of 18 set in 1977 by Dale McCourt.

Ryan Ellis and Carter Ashton scored in the first period for Canada, who looked to have the game safely in the bag until its monumental collapse in the third.

As the final buzzer sounded, the Russians leapt from their bench and sprawled over each other on the ice as dejected Canadians skated to the boards with their heads down.

Russia won gold for the first time since its back-to-back wins in 2002 and 2003 and for the fifth time overall.
THE CANADIAN PRESS

Streak is intact with ugly win

The Vancouver Canucks weren't at their best last night, but they were good enough to get the win.

The Canucks built an early lead then relied on goaltender Roberto Luongo to stop 43 shots in winning their seventh in a row, 3-1 over the Calgary Flames.

3	1
CANUCKS	FLAMES

Defenceman Kevin Bieksa scored one goal and assisted on another as Vancouver (26-8-5) remained first overall in the NHL with 57 points.

Daniel Sedin scored the 10,000th goal in the Canucks' 40-year history while Ryan Kesler collected his 20th of the season. Alex Burrows had two assists. THE CANADIAN PRESS

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ Jannik Hansen checks Jarome Iginla

FRANK GUNN/THE CANADIAN PRESS

▶ Canadians stormed Buffalo for the world juniors.

Praise for Canadian invasion

The overwhelming presence of Canadian fans at the world junior hockey championship in Buffalo, N.Y., drew praise from local organizers and international officials yesterday.

At a news conference before the event's medal games, International Ice Hockey Federation president Rene Fasel turned to Dave Ogrean, USA Hockey's executive director, and said, "I think you can be very happy to have this championship so close to the Canadian border."

Ogrean could only smile in knowing agreement, as an ebullient mass of Canadian fans have papered over HSBC Arena in red throughout the tournament.

"A few more probably did come over the border than we had anticipated or hoped," Ogrean said.

"The enthusiasm of the fans in North America is exceptional and the enthusiasm of the fans in Canada is, quite frankly, second to none."

How dominant has their presence been?

During Monday's semifinal romp over the host United States, the Canadian fans began chanting, "This is our house!"

Organizers anticipated a total attendance exceeding 330,000, making it the second most attended world junior championship. A record 453,282 took in the 2009 event in Ottawa.

The fans and their money have been well received in the economically depressed area, with bars and restaurants seeing dramatic increases in business. THE CANADIAN PRESS

2.8M

HSBC Arena alone sold 2.8-million ounces of beer during the first 10 days, with the total expected to top three million. Organizers said Canadians bought about two-thirds of the event's tickets.

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	41	26	12	2	1	135	95	55	14-7-1-0	12-5-1-1	5-4-0-1	W1
d-Tampa Bay	41	24	12	3	2	123	130	53	12-3-1-1	12-9-2-1	7-2-1-0	L1
d-Boston	38	21	11	1	5	110	85	48	9-6-1-2	12-5-0-3	5-3-0-2	W1
Philadelphia	39	24	10	2	3	131	104	53	12-6-0-2	12-4-2-1	7-3-0-0	W1
Washington	41	23	12	3	3	120	107	52	14-4-2-3	9-8-1-0	5-2-2-1	L1
NY Rangers	41	23	15	2	1	121	104	49	10-8-1-1	13-7-1-0	6-2-1-1	W1
Atlanta	42	21	15	2	4	131	125	48	11-7-1-2	10-8-1-2	4-4-1-1	W1
Montreal	40	21	16	3	0	100	96	45	12-5-3-0	9-11-0-0	3-6-1-0	L1
Carolina	39	18	15	2	4	112	117	42	8-7-1-1	10-8-1-3	4-3-2-1	L2
Florida	37	18	17	1	1	102	95	38	8-6-1-1	10-11-0-0	4-4-1-1	W2
Buffalo	39	16	18	5	0	108	118	37	9-10-1-0	7-8-4-0	4-5-1-0	L1
Ottawa	40	16	19	4	1	90	121	37	9-11-1-1	7-8-3-0	4-4-2-0	L3
Toronto	38	14	20	2	2	90	113	32	8-10-2-1	6-10-0-1	4-6-0-0	L1
NY Islanders	37	12	19	3	3	89	120	30	7-7-1-2	5-12-2-1	7-2-0-1	W3
New Jersey	39	10	27	1	1	69	124	22	6-12-1-1	4-15-0-0	2-8-0-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	39	26	8	3	2	134	96	57	14-3-1-1	12-5-2-1	8-1-1-0	W7
d-Detroit	40	25	10	4	1	138	113	55	13-5-3-1	12-5-1-0	5-3-2-0	W1
d-Dallas	41	24	13	1	3	118	115	52	12-6-1-2	12-7-0-1	6-3-0-1	W2
Colorado	40	21	14	5	0	136	128	47	11-7-2-0	10-7-3-0	5-4-1-0	W1
San Jose	40	21	14	4	1	118	112	47	10-6-2-1	11-8-2-0	6-4-0-0	L1
Nashville	39	20	13	4	2	99	94	46	9-4-3-2	11-9-1-0	5-5-0-0	W3
Anaheim	43	21	18	2	2	110	123	46	13-7-0-1	8-11-2-1	5-5-0-0	L1
St. Louis	38	20	13	2	3	101	104	45	14-5-0-2	6-8-2-1	6-4-0-0	L1
Los Angeles	39	22	16	1	0	116	96	45	13-5-1-0	9-11-0-0	5-5-0-0	L4
Chicago	42	21	18	2	1	128	119	45	12-10-0-0	9-8-2-1	5-5-0-0	L1
Phoenix	39	18	13	5	3	110	115	44	8-5-2-2	10-8-3-1	4-4-0-2	W1
Minnesota	39	19	15	1	4	100	113	43	10-9-0-2	9-6-1-2	6-3-0-1	W2
Columbus	40	20	17	2	1	103	118	43	11-9-0-1	9-8-2-0	4-6-0-0	L2
Calgary	41	18	20	1	2	108	118	39	11-8-0-0	7-12-1-2	5-5-0-0	L2
Edmonton	38	12	19	1	6	98	131	31	6-11-1-2	6-8-1-3	1-7-0-2	L7

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
N.Y. Rangers 2 Carolina 1 (OT)
Pittsburgh 8 Tampa Bay 1
Atlanta 3 Florida 2
Dallas 4 Chicago 2
Vancouver 3 Calgary 1
Nashville 4 Anaheim 1
Tuesday's results
Detroit 5 Edmonton 3
Colorado 4 Buffalo 3 (OT)
Minnesota 2 New Jersey 1
Phoenix 4 Columbus 2
Tampa Bay 1 Washington 0 (OT)
Tonight's games
(All times Eastern)
Minnesota at Boston, 7 p.m.
St. Louis at **Toronto**, 7 p.m.
Philadelphia at New Jersey, 7 p.m.
Pittsburgh at Montreal, 7:30 p.m.
Phoenix at Colorado, 9 p.m.
N.Y. Islanders at Edmonton, 9 p.m.
Nashville at Los Angeles, 10:30 p.m.
Buffalo at San Jose, 10:30 p.m.

CANUCKS 3, FLAMES 1

First Period
1. Vancouver, Kesler 20 (Raymond, Burrows) 1:10
2. Vancouver, Bieksa 5 (Torres, Hamhuis) 16:12
Penalties — Jackman Cal (cross-checking) 3:50, Hamhuis Vcr (interference) 10:53.
Second Period
3. Vancouver, D.Sedin 22 (Bieksa, Burrows) 9:27
Penalty — Alberts Vcr (tripping) 13:11.
Third Period
4. Calgary, Jackman 6 (Backlund) 19:49
Penalties — Jokinen Cal (interference) 14:32, Tambellini Vcr (boarding) 16:31.
Shots

Calgary	12	14	18	44
Vancouver	7	5	9	21

Goal — Calgary: Kiprusoff (L,16-17-1); Vancouver: Luongo (W,19-8-3). **Power plays (goals-chances)** — Calgary: 0-3; Vancouver: 0-2.
Referees — Greg Kimmerly, Chris Lee. **Linesmen** — Don Henderson, Brian Mach.
Att. — 18,860 (18,810) at Vancouver.

SCORING LEADERS

	G	A	PT
Crosby, Pgh	32	33	65
Stamkos, TB	31	25	56
St. Louis, TB	17	34	51
H.Sedin, Vcr	9	41	50
D.Sedin, Vcr	21	28	49
B.Richards, Dal	18	27	45
Zetterberg, Det	15	30	45
Perry, Ana	21	23	44
Eriksson, Dal	16	26	42
Kopitar, LA	15	27	42
Ovechkin, Wash	14	28	42
Sharp, Chi	23	18	41
Byfuglien, Atl	16	25	41
Duchene, Col	16	24	40
Datsyuk, Det	12	27	39
Lidstrom, Det	11	28	39
E.Staal, Car	18	20	38
Heatley, SJ	15	22	37
Getzlaf, Ana	13	24	37
M.Richards, Pha	13	24	37
Backstrom, Wash	11	26	37
P.Stastny, Col	15	21	36
Kesler, Vcr	19	16	35
Semin, Wash	18	17	35
Giroux, Pha	16	19	35
Iginla, Cal	16	19	35
Toews, Chi	16	19	35
Clowe, SJ	11	24	35
Roy, Buf	10	25	35
J.Thornton, SJ	10	25	35
Havlat, Minn	8	27	35
Selanne, Ana	10	24	34
M.Koivu, Minn	9	25	34
Enstrom, Atl	7	27	34
D.Brown, LA	16	17	33
J.Carter, Pha	16	18	33
J.Williams, LA	15	18	33
Malkin, Pgh	14	19	33
Hejduk, Col	11	22	33
Letang, Pgh	6	27	33
Nash, Clb	18	14	32
Dubinsky, NYR	16	16	32
Ladd, Atl	13	19	32
Plekanec, Mtl	12	20	32
Ribeiro, Dal	6	26	32
Franzen, Det	17	14	31
Tanguay, Cal	10	21	31
Briere, Pha	18	12	30
Marleau, SJ	15	15	30
Neal, Dal	14	16	30
Backes, StL	10	20	30
Malone, TB	10	20	30
Visnovsky, Ana	7	23	30
Yandle, Pho	6	24	30
Liles, Col	5	25	30

Not including last night's games

HOCKEY

IIHF WORLD JUNIOR CHAMPIONSHIP

CHAMPIONSHIP BRACKET
At Buffalo, N.Y.
Yesterday's results
Bronze Medal
U.S. 4 Sweden 1
Gold Medal
Russia 5 **Canada 3**

MEDALLISTS

2011 - Russia, Canada, U.S.
2010 - U.S., Canada, Sweden
2009 - Canada, Sweden, Russia
2008 - Canada, Sweden, Russia
2007 - Canada, Russia, U.S.
2006 - Canada, Russia, Finland

RUSSIA 5, CANADA 3

First Period
1. Canada, Ellis 3 (Schenn, de Haan) 4:50 (pp)
2. Canada, Ashton 1 (LeBlanc) 19:46
Penalty — Berdyukov Rus (hooking) 4:07.
Second Period
3. Canada, Schenn 8 (Foligno) 6:27
Penalties — Urychev Rus (interference) 3:28, Voronin Rus (high-sticking) 7:47, Gudbranson Cda (boarding) 10:33, Golubev Rus (slashing) 13:51, Canada bench (too many men; served by Foligno) 18:46.
Third Period
4. Russia, Panarin 2 (Golubev, Berezin) 2:33
5. Russia, Kitsyn 5 (Kuznetsov, Kalinin) 2:46
6. Russia, Tarasenko 4 (Kuznetsov) 7:29
7. Russia, Panarin 3 (Tarasenko, Golubev) 15:22
8. Russia, Dvurechenski 3 (Kuznetsov) 18:44
Penalties — None.
Shots

Canada	14	15	9	38
Russia	8	9	10	27

Goal (shots-saves) — Canada: Visentin (L,3-1); Russia: Shikin (18-15), Bobkov (W,1-1)(6:27 second, 20-20). **Power plays (goals-chances)** — Canada: 1-4; Russia 0-2.
Referees — Martin Frano, Keith Kaval. **Linesmen** — Johnathan Morrison, Felix Winnekens.
Attendance — N.A. at Buffalo

IIHF WOMEN'S WORLD UNDER-18 CHAMPIONSHIP

At Stockholm
All times Eastern
CHAMPIONSHIP BRACKET
Yesterday's results
Quarter-finals
Czech Republic 3 Germany 1
Finland 3 Sweden 2 (OT)
Tomorrow's games
Fifth Place
Germany vs. Sweden, 6 a.m.
Semifinals
Canada vs. Finland, 9:30 a.m.
U.S. vs. Czech Republic, 1 p.m.

IIHF WORLD UNDER-17 CHALLENGE

Tuesday's results
At Winnipeg
Bronze Medal
Pacific 5 Quebec 4 (OT)
Gold Medal
Ontario 5 U.S. 3

NFL

WILD-CARD PLAYOFFS

(All times Eastern)
Saturday's games
NFC
New Orleans at Seattle, 4:30 p.m.
AFC
N.Y. Jets at Indianapolis, 8 p.m.
Sunday's games
AFC
Baltimore at Kansas City, 1 p.m.
NFC
Green Bay at Philadelphia, 4:30 p.m.

TRANSACTIONS

BASEBALL

MLB

AMERICAN LEAGUE
BALTIMORE ORIOLES—Agreed to terms with INF Cesar Izturis on a one-year contract.
BOSTON RED SOX—Claimed C Max Ramirez off waivers from Texas. Designated RHP Matt Fox for assignment.
CLEVELAND INDIANS—Agreed to terms with RHP Doug Mathis on a minor league contract.
NEW YORK YANKEES—Claimed RHP Brian Schlitter off waivers from Chicago (NL).
OAKLAND ATHLETICS—Named Rick Magnante manager, Casey Myers hitting coach, John Wasdin pitching coach and Travis Tims athletic trainer for Vermont (N.Y.-Penn). Named Mike Henriques minor league strength and conditioning coordinator and Phil Mastro Dominican minor league trainer.
TEXAS RANGERS—Agreed to terms with 3B Adrian Beltre on a six-year contract.
TORONTO BLUE JAYS—Claimed LHP Wilfredo Ledezma off waivers from Pittsburgh.
NATIONAL LEAGUE
MILWAUKEE BREWERS—Agreed to terms with RHP Takashi Saito on a one-year contract.

BASKETBALL

NBA

ATLANTA HAWKS—Waived G-F Damien Wilkins.
GOLDEN STATE WARRIORS—Announced the resignation of athletic trainer Tom Abdenour to take a similar position at San Diego State.
TORONTO RAPTORS—Waived F Ronald Dupree.
WASHINGTON WIZARDS—Waived G Lester Hudson.

FOOTBALL

NFL

DENVER BRONCOS—Named John Elway executive vice president of football operations. Promoted chief operating officer Joe Ellis team president.
GREEN BAY PACKERS—Signed LB Desmond Bishop to a four-year contract extension.
KANSAS CITY CHIEFS—Signed WR Kevin Curtis. Placed DB Donald Washington on injured reserve. Signed TE Cody Slate to the practice squad.
HOUSTON TEXANS—Named Wade Phillips defensive coordinator.
NEW ENGLAND PATRIOTS—Signed LB Marques Murrell.
NEW ORLEANS—Placed RB Pierre Thomason injured reserve. Signed RB Joique Bell from the Philadelphia practice squad.
OAKLAND RAIDERS—Signed WR Damola Adeniji, WR Shaun Bodiford, TE Kevin Brock, G Alex Parsons, CB Joe Porter, FB Manase Tonga to reserve/future contracts.
SAN FRANCISCO 49ers—Named Trent Baalke general manager. Signed G Nick Howell, WR Kevin Jurovich, WR Lance Long, RB Xavier Omon and K Fabrizio Scaccia to reserve/future contracts.
SEATTLE SEAHAWKS—Placed TE Chris Baker and G Chester Pitts on injured reserve. Placed RB Chris Henry on practice squad/injured reserve. Released LB Vuna Tuihalamaka from the practice squad. Signed RB Andre Anderson and TE Nick Tow-Arnett to the practice squad.

HOCKEY

NHL

ATLANTA THRASHERS—Placed F Ben Eager on injured reserve, retroactive to Dec. 28.

AHL

BRIDGEPORT SOUND TIGERS—Signed G Joel Martin.
GRAND RAPIDS GRIFFINS—Signed RW Adam Keefe.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Boston	27	7	.794	—
d-Miami	28	9	.757	½
d-Chicago	23	11	.676	4
Orlando	23	12	.657	4½
Atlanta	24	14	.632	5
New York	20	14	.588	7
Indiana	14	18	.438	12
Philadelphia	14	21	.400	13½
Milwaukee	13	20	.394	13½
Charlotte	12	21	.364	14½
Toronto	12	23	.343	15½
Detroit	11	24	.314	16½
New Jersey	10	25	.286	17½
Washington	8	25	.242	18½
Cleveland	8	27	.229	19½

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	29	6	.829	—
Dallas	26	8	.765	2½
d-L.A. Lakers	25	11	.694	4½
d-Utah	24	12	.667	5½
Oklahoma City	23	13	.639	6½
Denver	20	14	.588	8½
New Orleans	21	15	.583	8½
Portland	19	17	.528	10½
Houston	16	19	.457	13
Memphis	16	19	.457	13
Phoenix	14	19	.424	14
Golden State	14	21	.400	15
L.A. Clippers	11	24	.314	18
Minnesota	9	27	.250	20½
Sacramento	7	25	.219	20½

d-division leader

Last night's results
Toronto 120 Cleveland 105
New Jersey 96 Chicago 94
Orlando 97 Milwaukee 87
Philadelphia 109 Washington 97
Boston 105 San Antonio 103
Charlotte 108 Minnesota 105 (OT)
Golden State 110 New Orleans 103
Portland 103 Houston 100
Atlanta 110 Utah 87
L.A. Clippers 106 Denver 93
L.A. Lakers 99 Phoenix 95
Tuesday's results
Miami 101 Milwaukee 89
New York 128 San Antonio 115
Chicago 111 Toronto 91
Memphis 110 Oklahoma City 105
Dallas 84 Portland 81
Atlanta 108 Sacramento 102
L.A. Lakers 108 Detroit 83
Tonight's games
(All times Eastern)
Oklahoma City at Dallas, 8 p.m.
Denver at Sacramento, 10:30 p.m.

RAPTORS 120, CAVS 105

TORONTO (120)
Johnson 6-9 0-1 12, Kleiza 1-4 0-0 3, Bargnani 10-20 2-2 25, Calderon 8-10 1-1 20, DeRozan 6-15 1-1 13, Barbosa 8-17 4-5 22, Davis 3-3 2-3 8, Wright 7-9 1-1 15, Dorsey 1-1 0-0 2, Alabi 0-0 0-0 0. Totals 50-88 11-16 120.
CLEVELAND (105)
Gee 2-4 4-5 9, Jamison 11-21 5-7 32, Varejao 1-4 2-2 4, Williams 5-11 0-0 11, Gibson 5-11 1-2 13, Eyenga 7-10 1-1 16, Sessions 2-4 12-12 16, Powe 1-1 1-2 3, Hollins 0-1 1-2 1, Harris 0-0 0-0 0. Totals 34-67 27-33 105.

Toronto	26	40	24	30	120
Cleveland	38	25	21	21	105

3-Point Goals—Toronto 9-18 (Calderon 3-3, Bargnani 3-6, Barbosa 2-8, Kleiza 1-1), Cleveland 10-19 (Jamison 5-7, Gibson 2-4, Gee 1-1, Williams 1-3, Eyenga 1-4). Fouled Out—None. Rebounds—Toronto 44 (Wright 9), Cleveland 38 (Varejao 8). Assists—Toronto 35 (Calderon 17), Cleveland 28 (Williams 9). Total Fouls—Toronto 26, Cleveland 21. Technicals—Varejao. A—20,562 (20,562) at Cleveland.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	32	294	250	892	27.9
Stoudemire, NYK	34	340	213	899	26.4
Ellis, GOL	34	323	157	859	25.3
Bryant, LAL	35	306	222	881	25.2
Wade, MIA	35	301	242	875	25.0
James, MIA	37	311	248	918	24.8
Nowitzki, DAL	29	260	153	700	24.1

Not including last night's games

MLB

BASEBALL HALL OF FAME INDUCTIONS BY YEAR

At Cooperstown, N.Y.
Players inductions by year into the National Baseball Hall of Fame (BBWAA: Elected by the Baseball Writers Association of America; VC: Elected by the Veterans Committee; NL: Elected by the Veterans Committee based on Negro league career; SCNL: Elected by the special committee on the Negro Leagues and the Pre-Negro League):
2011 - BBWAA: Roberto Alomar, Bert Blyleven. VC: Pat Gillick.
2010 - BBWAA: Andre Dawson. VC: Whitey Herzog, Doug Harvey.
2009 - BBWAA: Rickey Henderson, Jim Rice. VC: Joe Gordon.
2008 - BBWAA: Goose Gossage. VC: Barney Dreyfuss, Bowie Kuhn, Walter O'Malley, Billy Southworth, Dick Williams.
2007 - BBWAA: Tony Gwynn, Cal Ripken, Jr.
2006 - BBWAA: Bruce Sutter. SCNL: Ray Brown, Willard Brown, Andy Cooper, Frank Grant, Pete Hill, Biz Mackey, Effa Manley, Jose Mendez, Alex Pompez, Cum Posey, Louis Santop, Mule Suttles, Ben Taylor, Cristobal Torriente, Sol White, J.L. Wilkinson, Jud Wilson.
2005 - BBWAA: Wade Boggs, Ryne Sandberg.

FOOTBALL

NCAA

BOWL GAMES

(All times Eastern)
Tonight's game
GODADDY.COM BOWL
At Mobile, Ala.
Miami (Ohio) (9-4) vs. Middle Tennessee (6-6), 8 p.m.
Tomorrow's game
COTTON BOWL
At Arlington, Texas
Texas A&M (9-3) vs. Louisiana State (10-2), 8 p.m.
Saturday's game
BBVA COMPASS BOWL
At Birmingham, Ala.
Pittsburgh (7-5) vs. Kentucky (6-6), Noon
Sunday's game
FIGHT HUNGER BOWL
At San Francisco
Boston College (7-5) vs. Nevada (12-1), 9 p.m.
Monday's game
BCS NATIONAL CHAMPIONSHIP
At Glendale, Ariz.
Auburn (13-0) vs. Oregon (12-0), 8:30 p.m.
Saturday, Jan. 22
At Orlando, Fla.
East-West Shrine Classic, 4 p.m.
Saturday, Jan. 29
At Mobile, Ala.
Senior Bowl, 4 p.m.,

SOCCER

ENGLAND

PREMIER LEAGUE

Arsenal 0 Manchester City 0
Aston Villa 0 Sunderland 1
Blackburn 3 Liverpool 1
Bolton 1 Wigan 1
Everton 2 Tottenham 1
Newcastle 5 West Ham 0
Wolverhampton 1 Chelsea 0

SPAIN

COPA DEL REY

Second leg Round of 16
Yesterday's results
Malaga 0, Sevilla 3 (Sevilla advances 8-3 on aggregate)
Deportivo La Coruna 3, Cordoba 1 (Deportivo advances 4-2 on aggregate)
Athletic Bilbao 1, Barcelona 1 (1-1 aggregate; Barcelona advances 1-0 on away goal)

Canadian soccer star hangs up cleats

Would rather walk away from the game than limp for the rest of her life

For years, soccer had been Kara Lang's life.

But when her right knee began throbbing with pain each time she stepped on the pitch, Lang knew she had other things to live for.

Lang, one of Canada's best women soccer players, announced her retirement yesterday.

"There was talk of possibly needing a knee replacement by my mid-30s," Lang said in a telephone interview from her hometown of Oakville, Ont.

"It just got to the point there are so many other things I want to do with my life. I want to be healthy when I do them. That was something that was seriously going to be in question if I continued playing."

Lang was the first 15-year-old to play for the national team when she dressed for a game in 2002. She scored her first two goals in her second game against Wales.

A promising career, however, was marred by injuries.

She tore the anterior cruciate ligament in her right knee in 2006 and ripped up the same knee in 2009 playing college soccer for UCLA.

Lang scored 34 goals in 92 international games. She was a member of the 2002 Canadian team that won silver at the FIFA U-19 women's world championship in Edmonton.

She played in two World Cups, scoring two goals in six games in 2003 when Canada lost the bronze to the U.S.

Lang's announcement comes soon after she helped Canada advance to this year's women's World Cup in Germany.

THE CANADIAN PRESS

THE CANADIAN PRESS FILE

▶ Kara Lang during a training session at the 2007 FIFA Women's World Cup in Chengdu, China.

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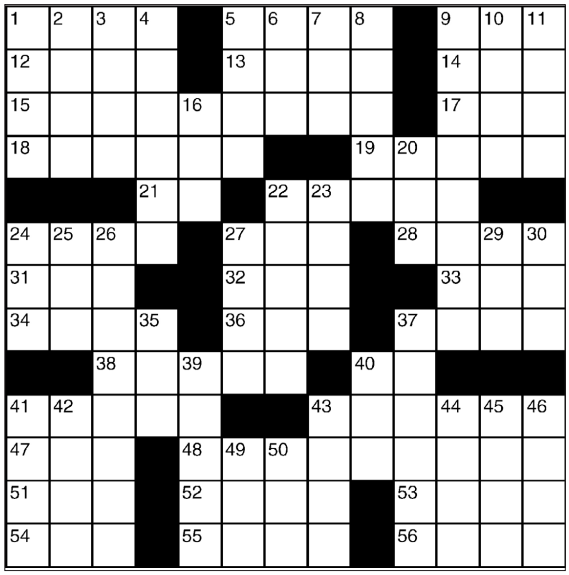
30132 (08/2010)

Crossword



Across

1 Capri, e.g.
5 Simon or McCartney
9 Moving vehicle
12 Practice pugilism
13 News, for short
14 Praise in verse
15 What the "food pyramid" involves
17 Smoked salmon
18 Pact
19 Be
21 Denial
22 Deserve
24 Street
27 Scatter seed
28 Passport endorsement
31 Upper limb
32 Color
33 Lord's Prayer start
34 "Dragnet" star
36 Bobble
37 Heal, as a fracture
38 Hawkeye
40 3.1416
41 "Teflon Don" John
43 Breathing woe
47 — Baba
48 Hell
51 Resume
52 Sea bird
53 Formerly, formerly
54 Trinity member
55 Campus VIP
56 Untouchable Eliot

Down

1 "— It Romantic?"
2 Boot attachment
3 Tardy
4 Gofer's job
5 Compassion
6 Blackbird
7 Venusian vessel?
8 Hermit
9 Free will
10 Commotions
11 On deck
16 Judge Lance
20 Louis —
22 Grieve
23 Basin accessory
24 Uncultured
25 Tramcar contents
26 Drive
27 Mets' old home
29 — generis
30 Illustrations
35 Automaton, for short
37 Tiny tom?
39 Used a paper towel
40 Omega preceder
41 Won't shut up
42 Hodgepodge
43 Mideast gulf
44 Take on
45 Peat source
46 Picnic invaders
49 Before
50 Genetic stuff

▶ Friday's answer

Sudoku

					8	9		
			7	3		2		
1	2	8				5		
4			6		3		5	
	3						7	
	5		8		2			9
		4				6	2	3
		1		5	9			
		3	4					

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

8	3	1	9	2	6	7	5	4
7	4	2	5	1	8	6	9	3
5	9	6	7	3	4	1	8	2
4	5	7	2	6	1	9	3	8
6	2	8	4	9	3	5	7	1
3	1	9	8	5	7	2	4	6
2	7	3	1	4	5	8	6	9
1	8	4	6	7	9	3	2	5
9	6	5	3	8	2	4	1	7

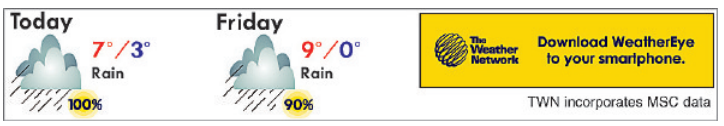
Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

To Mr.. Panda
We have our ups and downs, but you are still the one I want to snuggle with every night. You are still the one I think is the handsomest of all the Pandas. You are still my soft breeze on a summers day. You are still the secret smile on my lips. I love you forever and a day. **SOON TO BE MRS.. PANDA**

My Dear Mamusik and my lovely sister Lucy, Happy New Year!!! Wish You lots of love, health and happiness!!! May all your dreams come true!!! Love you both! **ME :)**

My Princess, you make me so happy! I love going to bed beside you, and waking up next to you. Can't wait to be your wife. Forebber Love,
-YOUR ONE XO



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

♈ Aries March 21-April 20 This is a key time for career issues, so decide what it is you want to accomplish, make plans that will take you from where you are now to where you want to be, then get going.

♉ Taurus April 21-May 21 You have enough on your plate as it is at the moment, so don't agree to do even more, not even for those you love. You may have more stamina than most signs but you have limits too.

♊ Gemini May 22-June 21 Someone is trying to make you feel guilty about something that was not your fault – well, not entirely your fault. They will only succeed if you admit responsibility, so deny everything.

♋ Cancer June 22-July 22 The more time you spend trying to work out what might go wrong the less time you'll have to enjoy all the things that are so obviously going right. Worry

♌ Leo July 23-Aug.23 You must make a serious effort today to catch up on the backlog of jobs you never quite got around to finishing, but should have.

♍ Virgo Aug. 24- Sept. 22 You may be eager to experience new things, thanks to the Sun and Mars in the most dynamic area of your chart, but in some areas it might be wiser to play safe today. On the work front, especially, don't go to extremes.

♎ Libra Sept. 23-Oct. 23 Let friends and family members know what it is you desire because the planets indicate you might get lucky today.

♏ Scorpio Oct. 24-Nov. 22 Are you totally committed to whatever it is you are working on? If not the results could be disappointing, both for you and for those who support you

♐ Sagittarius Nov. 23-Dec. 21 It's great that you are so enthusiastic but energy, like everything else, is a commodity that has a finite supply, so don't overdo it.

♑ Capricorn Dec. 22-Jan. 20 You cannot possibly be on good terms with everyone and there is no need to blame yourself if you fall out with a work colleague or business associate today.

♒ Aquarius Jan. 21-Feb. 18 Someone you trust will offer you advice today and you would be wise to listen, even if it is not what you want to hear. That applies to all areas but in particular to the world of ideas.

♓ Pisces Feb. 19-March 20 Get tough with someone who is giving you a hard time. You may be a nice guy by nature but you don't have to put up with this sort of nonsense.

SALLY BROMPTON

Caption contest

MATT DUNHAM/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

WONG MAYE-E/ THE ASSOCIATED PRESS

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